

There may be up to three meal options for lunch.

The first is the Main Meal published on our menu. For example: Fish, Potato Cheese Bake, Creamy Coleslaw, Baby Carrots, Fruit Cocktail, Dinner Roll. This option includes a Side Salad from the salad bar. To stay within the NSLP limits for meal components, meat and cheese are NOT included with a Side Salad.

The second option is a Complete Meal Salad which includes meat and cheese. To stay within NSLP limits, meat and cheese are served in pre-measured containers. Meat and cheese can be taken in any combination but only two containers are allowed with each meal. ***It is important to note the difference between a Complete Meal Salad and a Side Salad is the meat and cheese component.***

The third option is Soup and Sandwich. For example: Ham Sandwich on Whole Wheat Bread, Lasagna Soup. This option does NOT allow access to the protein (Fish) or grain component (Potato Cheese Bake or Dinner Roll) of a Main Meal but does allow access to the vegetable and fruit component. This option also includes a Side Salad (WITHOUT meat and cheese.)

Each option may only be served as a complete transaction. Individual meal components may not be substituted between these three options. (i.e. Ham sandwich from the Soup and Sandwich may not be substituted for the fish from the Main Meal.)

Extra charges will result any time individual components are taken in addition to one of the three designated options.

This frequently occurs because of the difference between a Side Salad and a Complete Meal Salad. When meat and cheese are added to a salad taken along with the Main Meal or the Soup and Sandwich, an "Extra Entrée" will be charged.