

## Athletic Code 2023-24



Stanley-Boyd Area Schools printed 7/11/23

# This is 1 of 2 forms that must be turned in to the athletic director; the other being a sports physical dated no later than 4/1/22.

- This document includes a set of acknowledgements and agreements. They collectively will be referred to as the "Athletic Code". It must be signed in several places by the student/athlete and a parent/guardian and returned to the athletic director before a student may participate in sports.
- This document must be submitted once each school year and covers all sports seasons.
- This document is necessary for students in grades 6-12 participating in school-based athletics.
- More information on WIAA rules can be found on the WIAA website (wiaawi.org).
- A digital copy of this document can be found on the Stanley-Boyd School website.
- This document serves as the:
  - Stanley-Boyd Schools Code of Conduct
    - Stanley-Boyd Media Release
    - WIAA Alternate Year Card
    - WIAA Parent-Athlete Rules of Eligibility Sign-off Form
    - WIAA Concussion & Sudden Cardiac Arrest Agreements

## Student-Athlete Name: \_\_\_\_\_

Gender: Male Female

Grade: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

## **Anticipated Sports**

Circling sports here does not register or promise participation in that sport. A student/athlete is on a sports team when they attend their first practice in that sport.

Fall	Winter	Spring
Football grades 7-12	Girls Basketball grades 7-12	Track and Field grades 7-12
Girls Golf grades 9-12	Boys Basketball grades 7-12	Softball grades 9-12
Cross Country grades 6-12	Wrestling grades 6-12	Baseball grades 9-12
Volleyball grades 7-12		Boys Golf grades 9-12

## **Co-curricular Code of Conduct**

The co-curricular code shall be in effect while the student is enrolled in the district and includes all periods of time in which school is not in session.

## Philosophy

Athletics and co-curricular activities are an important part of our educational program at the Stanley-Boyd School District. The competition and striving to do our best are all part of the learning and educational process. As we watch young adults perform and participate, let us strive to be good role models ourselves and support their fine efforts. The three driving forces of our co-curricular programs are:

- COURTESY toward teachers, fellow students, and officials.
- PRIDE in everything our school endeavors to accomplish and has accomplished.
- SPORTSMANSHIP the ability to win and lose gracefully.

Students need our support and good examples not only as they compete but on a day to day basis. We must remember the primary value of our athletic and co-curricular programs is in the learning and growth it provides to our students.

We promote our students to join activities that interest them; be a "doer" and not a "watcher."

There are athletics, music, drama, and subject-oriented clubs, student council, publications and interest groups.

We also feel that being members of the above organizations also brings responsibility. When you choose to participate in co-curricular activities, you voluntarily elect a course of self-discipline that is part of being involved with a team. The school can revoke or restrict the privilege of participation if the student fails to live up to the expectations and standards as defined in our school district's co-curricular code of conduct.

## **Responsibility of the Student**

Participation in activities is a privilege at Stanley-Boyd School District. In order to keep this privilege, students must accept certain responsibilities. The greatest responsibility each student has is to be a credit to himself/herself, and to his/her parents, school and community. Students are the most visible representatives of our school, so they are expected to be fine examples of the quality of Stanley-Boyd School District students. They are expected to display the highest standards of social behavior and respect for those in authority, including teachers, coaches, advisors, administrators, officials and other school personnel, as well as fellow participants and competitors. Students are expected to behave in a manner non-detrimental to the Stanley-Boyd School District.

## **Responsibility of the Parent**

Parents are the greatest role models for a young person. The Stanley-Boyd School District seeks parental assistance to help develop young men and women who possess the self-discipline and motivation to make a difference in the world. The administration, faculty, staff, advisors, and coaches ask that parents be supportive of the programs and personnel at Stanley-Boyd School District and demonstrate that support by respecting the decisions and efforts of the coaches/advisors who work with your children. Parental assistance is also requested in enforcing this co-curricular code so that a fair and healthy environment will exist for all students. While spectators, at any extra/co-curricular events either at Stanley-Boyd or any other site, parents are expected to display sportsmanlike behavior. An individual or group who willfully interferes with or interrupts the proper order or management of a school sponsored extra/co-curricular event by an act of violence, boisterous conduct, threatening language, or unsportsmanlike conduct toward coaches, players, or officials, or disobeys board policies or administrative rules may be removed from the event and may be prohibited from further attendance for a period of up to one calendar year.

## Consideration as an Athlete or Member of a Non-athletic Organization

A student becomes an athlete when the school has received this Athletic Code and WIAA sports physical form and participates in any sports team practice. Participants in non-athletic organizations are members when they are on a class or club roster and have paid any applicable fees.

## **School Equipment**

Students are responsible for all equipment issued to them. Uniforms, both practice and game, are supplied for the sole purpose of organizational or athletic participation. This equipment is not to be used for any other purpose. When the season or year is completed, all equipment is to be returned to the school within five school days following the conclusion of the season. Students may be held financially responsible for lost or unreasonably damaged uniforms or equipment.

## Transportation to and from Contests or Performances

Stanley-Boyd Area School District is responsible for transporting students to and from contests or performances. Coaches will require parents/guardians to sign their students out on a form if the student will not be riding the bus or van home with the team. A new form must be completed for every contest in which a parent/guardian requests their son/daughter to leave with them. Unusual circumstances may arise in which a parent/guardian may wish to transport their child *to a contest*. In those situations the student must obtain permission from their coach/advisor and the principal or athletic director.

## Athletic Injuries and Insurance

In case of injury students will be covered first through their family insurance plan. Stanley-Boyd carries a secondary coverage with Student Assurance Services.

To help eliminate misunderstandings we ask students follow this procedure:

- 1. Notify the coach or advisor of all injuries. The coach will document the injury and fill out an injury report form when necessary. The coach will notify the principal.
- 2. Parents should contact the school office for information on how to submit a claim.

## Participation in Multiple Sports in the Same Season

Students who wish to participate in two sports during the same season must have achieved a minimum of a 3.0 cumulative grade point average at the last marking period prior to the beginning of the season. A meeting between the student, a parent/guardian, the coaches from each sport, and the athletic director must occur before the season to discuss the arrangement between the two sports (practice time division, etc.). The meeting must produce a decision that denotes one sport as taking priority over the other if there is a schedule conflict between competitions. The athlete will participate in the sport given the higher priority regardless of his/her preference at the time. Another meeting will take place after the season to evaluate the success of the arrangement.

## Locker Room Privacy

It is the practice of the Stanley-Boyd Area School District to ensure the privacy of all individuals during the time they occupy locker room facilities at school and during school sponsored events. All cell phone use is prohibited in any school locker room and bathroom. If a cell phone is found the advisor/coach has the right to confiscate the phone. If compromising photos are found to be taken with the phone, it may result in immediate removal from the co-curricular activity. Depending on the severity of the privacy violation, other disciplinary actions, including contacting law enforcement may result.

## **Social Media**

Reports of violations to the co-curricular code on sites and applications such as Facebook, Instagram, Snapchat, or other social platforms will be investigated by the principal or athletic director. Students may be disciplined if they are found to have; written disparaging remarks about fellow students or coaches, have demonstrated poor sportsmanship with comments about other schools, or have added pictures of themselves or teammates engaged in underage drinking or engaged in other inappropriate behavior. Reports to the principal or athletic director of such events must occur within 10 school days of actual occurrence. Anonymous reports may be disregarded.

### Attendance

Students who are too ill to attend school should not participate in or attend after-school activities. Students must be present from 11:30 am to the conclusion of the school day to be allowed to participate or practice in the activity that day. The principal or athletic director may use their discretion if extenuating circumstances exist. Students are expected to be in school the day following an event. Habitually missing school on days following co-curricular events may result in suspension from that activity. Any student who is suspended from school may not practice or compete in a co-curricular activity during the time of their suspension.

## **Behavior Eligibility**

Willful, persistent, or disruptive behavior, including but not limited to criminal behavior, contrary to the philosophy of the Stanley-Boyd Area Schools may result in actions ranging from conferencing with the student and their parent/guardian to a suspension from athletics for a period of one year at the discretion of the principal or the athletic director.

## Academic Eligibility

Every student who desires to participate in co-curricular activities must maintain academic and behavior standards provided in the Student Handbook including but not limited to maintaining their Privilege Card. Students who don't have their Privilege Card will not be allowed to attend trips, games, or co-curricular activities unless determined acceptable by the building principal. Students suspended from participating in athletic contests for academics, code violations or other reasons are expected to continue attending practices, but practice time may be limited to allow students time to work to improve low grades. If there is a withdrawal from school for academic or disciplinary reasons, the student will not be eligible for participation.

#### **Incoming Freshmen**

Freshmen athletes who finished 8th grade with any failing grades will be suspended from their first athletic competition. Their athletic eligibility for the remainder of the first term will be determined by the three-week progress report. If the student has any failing grades at the time of this check they will not be eligible to compete in contests until they are passing all classes.

#### **Mid-Trimester**

All students will need to have their Privilege Card to be eligible for athletic participation. A card can be revoked for failure to maintain C's or better in all classes, disciplinary referrals, and attendance issues. Students can earn their athletic eligibility with a D or higher by working with the teacher for whom they are struggling outside of class time a minimum of 3 days per week. The principal has final discretion related to card distribution and revocation.

#### **End of Trimester**

A student is ineligible for athletic competition if (upon the release of grades) he or she receives a failing grade at the end of any trimester. Eligibility will be reinstated if after 15 school days of the next term the student is passing all of their scheduled classes. If two or more failing grades are received the student will be ineligible for the entire trimester. Trimester 3 grades apply to fall sports of the following school year [According to WIAA policy – Fall Sports – The minimum ineligibility period shall be the lesser of (1) 21 consecutive calendar days beginning with the date of earliest allowed competition in a sport or (2) one-third of the maximum number of games/meets allowed in a sport (rounded up if one-third results in a fraction)].

#### **Non-Athletic Organization Members**

The advisor or instructor or a non-athletic organization may establish academic standards for members. Standards or bylaws of an organization may supersede the academic criteria or code of conduct.

#### **Plagiarism and other Academic Dishonesty**

Students that engage in plagiarism or other forms of academic dishonesty will be ineligible for co-curricular activities until they have satisfactorily redone the assignment. The minimum suspension for plagiarism is one contest.

## **Performance Enhancing Substances**

Students will not use or possess performance enhancing substances banned by the WIAA.

### **First Violation**

- Suspension from the next athletic contest
- Loss of Privilege Card for 2 weeks

#### Second Violation

- Suspension from the next 3 athletic contests
- Loss of Privilege Card for 6 weeks

#### **Third Violation**

- Suspension from practice and competition for one calendar year
- Loss of Privilege Card for 60 school days

## Alcohol, Tobacco, or Other Drug Violations

Any student using or possessing alcohol, tobacco, or other drugs shall face escalating consequences that will result in loss of opportunity to participate. This includes all forms of vaping or vaping paraphernalia as well as chewing tobacco and look-alike products regardless of the tobacco or nicotine content. Attending a get-together where illegal drinking or drug use is present is a violation of the co-curricular code as well, regardless if the student participates in drinking or drug use. Alcohol, tobacco, and drug violations shall be cumulative throughout grades 6-12

#### First Violation, Self Referral

- Enrollment in Student Assistance Program\*
- Loss of Privilege Card for 10 school days
- Suspension from the next athletic contest

#### First Violation, Non-Self Referral

- Enrollment in Student Assistance Program\*
- Loss of Privilege Card for 10 school days
- Suspension from the next 3 athletic competitions
- Suspension from non-athletic organization activities for 15 school days or the next event

#### Second Violation, Self Referral

- Assessment by a professional agency and student follows the assessment recommendation at his/her expense
- Assessment must be completed prior to reinstatement with evaluation reports or one calendar year passes
- Loss of Privilege Card for 30 school days
- Suspension from the next 3 athletic competitions
- Suspension from non-athletic organization activities for 30 school days or the next event

#### Second Violation, Non-Self Referral

- Assessment by a professional agency and student follows the assessment recommendation at his/her expense
- Assessment must be completed prior to reinstatement with evaluation reports
- Loss of Privilege Card for 30 school days
- Suspension from the next 6 athletic contests
- Suspension from non-athletic organization activities for 45 school days or next 6 events
- If the student is an officer, they will be required to resign the position

#### **Third Violation**

- Suspension for one calendar year and mandatory assessment by a professional agency
- Loss of Privilege Card for 60 school days

\*The Student Assistance Program is furnished by the school or other outside certifiable agencies at the student's expense.

## Alcohol, Tobacco, or Other Drug Violations

(continued)

#### Self Referrals

Students will be allowed one self referral throughout their athletic career, which will reduce the disciplinary action against them. The student must report the infraction to the principal or athletic director the first opportunity available and school is in session. When a student self-refers, the school district will only deal with the student who is self-referring themselves. The procedure to report other student violations will be followed according to the code procedures outlined if other students were involved and they do not self refer.

#### **Procedure for Investigating Code Violations**

An alleged violation reported by any person must be reported within seven calendar days, from the time it was witnessed, to the principal or athletic director by the person who witnessed the action. If there is a public record that goes into the newspaper of a code violation the seven day period to report to the principal or athletic director will be waived. The witness will be required to submit the charge in writing. The written charge will include the name of the person being charged, a description of the incident, time, place, and if possible the names of other witnesses, and the signature of the person making the charge. The principal or athletic director will meet to determine if the charge is legitimate. If they feel the charge is legitimate, the principal or athletic director will meet and inform the student of the charge. The following procedure will be followed:

- 1. Parental contacts attempted by phone at home or work.
- 2. The student will meet with the principal or athletic director.
- 3. The principal or athletic director will inform the student of the alleged incident and all specifics, (time, etc.)
- 4. The principal or athletic director will then ask the student, "Did you violate the Co-curricular Code?"

If the student denies the allegation, the investigation will continue. At this time the athletic director will call a meeting of the co-curricular committee members, which consists of two coaches, two parents of Stanley-Boyd students, two students, one community member who is not a parent of a Stanley-Boyd student, and two advisors to hear the case. The athletic director will inform the student and parents of the charge and the date of the meeting, in writing, within three days of receiving the charge. The student will be given the opportunity to testify and present evidence on his/her behalf. All witnesses will be required to testify at this hearing. Upon completion of the hearing, the student and his/her parents will be notified within 24 hours of the outcome. A written description of the findings of the case are subject to review if any member of the co-curricular committee feels sufficient new facts have been made known.

#### **Appeal Hearing Procedures**

The students, parents, or guardians may request an appeal. The appeal must be directed to the principal within 7 days of the initial decision. The appeal must be in writing and must include the rationale for the appeal. The principal in his/her discretion will decide if there is enough new evidence or a rationale that will warrant the scheduling of an appeal conference with the parent/guardian and student. The penalty imposed will be in effect until the principal has rendered a decision. If an appeals conference is granted: A student may have representation and the school may as well; however, the school shall not be responsible for providing representatives to the student. The finding and decision of the principal will be given to the student and his/her parent/guardian within three days. Further appeals may be granted at the discretion of the district administrator only if the appealing party can present information regarding new evidence and it is within five days of receiving the appeal decision from the principal.

## Co-Curricular Code of Conduct

We, the undersigned, have read and understand the contents of the Stanley-Boyd School District Co-Curricular Code of Conduct. I, the student, understand that signing this code obligates me to follow the rules and regulations stated in the Code and to represent the Stanley-Boyd School District in a positive manner during all co-curricular activities in which I might participate. I also understand that the co-curricular code of conduct is in effect twelve months a year.

As a student, my signature indicates that I am willing to abide by this code of behavior and that I am subject to disciplinary action by the school for any rule infractions. As a participant, I also promise to help make participation in co-curricular activities a positive experience for others by refraining from behavior that is detrimental to the image and reputation of our school.

Student/Athlete's Signature: Parent/Guardian's Signature:

## Media Release Form

I give permission for my son/daughter to be interviewed, mentioned, photographed, videotaped and quoted by the news media and employees of the Stanley-Boyd School District before, during and after participation in an extra-curricular activity sponsored by the Stanley-Boyd School District.

Parent/Guardian's Signature: \_\_\_\_

## WIAA Alternate Year Athletic Permit Card

Parental or guardian consent must be granted annually for student-athlete participation.

1. I hereby give my permission for the applicable student to practice and compete and represent the school in WIAA approved sports.

2. I also attest to the fact that the applicable student has had no injury or illness serious enough to warrant a medical evaluation prior to participating this school year.

3. Pursuant to the requirements of the Health Insurance Portability and Accountability Act of 1996 and the regulations promulgated thereunder (collectively known as "HIPAA"), I authorize health care providers of the applicable student, including emergency medical personnel and other similarly trained professionals that may be attending an interscholastic event or practice, to disclose/exchange essential medical information regarding the injury and treatment of this student to appropriate school district personnel such as but not limited to: Principal, Athletic Director, Athletic Trainer, Team Physician, Team Coach, Administrative Assistant to the Athletic Director and/or other professional health care providers, for purposes of treatment, emergency care and injury record-keeping.

4. It is recommended that information regarding your child's allergies and prescribed medication be made available. If there is any question that this student may not be qualified for athletic competition without, at least, a partial re-evaluation, contact your medical advisor before signing.

Parent/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Date: \_\_\_\_\_

## **Concussion and Head Injury Information**

#### Wis. Stat. § 118.293 Concussion and Head Injury

What Is a Concussion? A concussion is a type of head (brain) injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head. Concussions can also occur from a blow to the body that causes the head and brain to move rapidly back and forth. Even what seems to be a mild bump to the head can be serious. Concussions can have a more serious effect on a young, developing brain and need to be addressed correctly. Consequences of severe brain injury (including concussion) include problems with thinking, memory, learning, coordination, balance, speech, hearing, vision, and emotional changes.

What are the signs and symptoms of a concussion? You cannot see a concussion. Signs and symptoms of concussion can show up right after an injury or may not appear or be noticed until hours or days after the injury. It is important to watch for changes in how you as an athlete or your child or teen is acting or feeling, if symptoms are getting worse, or if you/they just "don't feel right." Most concussions occur without loss of consciousness.

If the child or teen reports one or more of the symptoms of concussion listed below, or if you notice the signs or symptoms yourself, seek medical attention right away. Children and teens are among those at greatest risk for concussion.

## These are some SIGNS of concussion (what others can see in an injured athlete):

- Dazed or stunned appearance
- Unsure of score, game, opponent
- o Clumsy
- Answers more slowly than usual
- Shows behavior or personality changes
- Loss of consciousness (even briefly)
- Repeats questions
- Forgets class schedule or assignments

#### Children and teens with a suspected concussion should NEVER return to sports or recreation activities on the same day the injury occurred.

They should delay returning to their activities until a healthcare provider experienced in evaluating for concussion says it is OK to return to play. This means, until permitted, not returning to:

- Physical Education (PE) class
- Sports practices or games
- Physical activity at recess

### These are some of the more common SYMPTOMS of concussion (what an injured athlete feels):

- o Headache
- Nausea or vomiting
- o Dizzy or unsteady
- $\circ$   $\;$  Sensitive to light or noise or blurry vision
- Difficulty thinking clearly, concentrating, or remembering
- Irritable, sad, or feeling more emotional than usual
- Sleeps more or less than usual

## If you or your child or teen has signs or symptoms of a concussion

Seek medical attention right away. A healthcare provider experienced in evaluating for concussion can determine how serious the concussion is and when it is safe to return to normal activities, including physical activity and school (concentration and learning activities).

After a concussion, the brain needs time to heal. Activities may need to be limited while recovering. This includes exercise and activities that involve a lot of concentration.

Information adapted from the <u>Centers for Disease Control and Prevention's (CDC) Heads Up Safe Brain. Stronger Future</u>.

For more information view the CDC's Heads Up to Youth Sports webpages for athletes, parents, and coaches.





## Sudden Cardiac Arrest Information

#### Wis. Stat. § 118.2935 Sudden cardiac arrest; youth athletic activities

Sudden cardiac arrest (SCA), while rare, is the leading cause of death in young athletes while training or participating in sport competition. Even athletes who appear healthy and have a normal preparticipation screening may have underlying heart abnormalities that can be life-threatening. A family history of SCA at younger than age 50 or cardiomyopathy (heart muscle problem) places an athlete at greater risk. Athletes should inform the healthcare provider performing their physical examination about their family's heart history.

What is Sudden Cardiac Arrest? Cardiac arrest is a condition in which the heart suddenly and unexpectedly stops beating. If this happens, blood stops flowing to the brain, lungs, and other vital organs.

## Cardiac arrest usually causes death if it is not treated with cardiopulmonary resuscitation (CPR) and an automated external defibrillator (AED) within minutes.

Cardiac arrest is not the same as a heart attack. A heart attack occurs if blood flow to part of the heart muscle is blocked. During a heart attack, the heart usually does not suddenly stop beating. In cardiac arrest the heart stops beating.

## What warning signs during exercise should athletes/coaches/parents watch out for?

- Fainting/blackouts (especially during exercise)
- o Dizziness
- Unusual fatigue/weakness
- Chest pain/tightness with exertion
- Shortness of breath
- Nausea/vomiting
- Palpitations (heart is beating unusually fast or skipping beats)

### Stop activity/exercise immediately if you have any of the warning signs of Sudden Cardiac Arrest.

**Speak up and tell** a coach and parent/guardian if you notice problems when exercising.

If an athlete has any warning signs of SCA while exercising, they should seek medical attention and evaluation from a healthcare provider before returning to a game or practice.

The risk associated with continuing to participate in a youth activity after experiencing warning signs is that the athlete may experience SCA, which usually causes death if not treated with CPR and an AED within minutes.

### What are ways to screen for Sudden Cardiac Arrest (SCA)?

<u>WIAA Pre-Participation Physical Evaluation</u> – the Medical History form includes important heart related questions and is required every other year. Additional screening using an electrocardiogram and/or an echocardiogram may be done if there are concerns in the history or physical examination but is not required (by WIAA). Parents/guardians/athletes should discuss the need for specific cardiac testing with the medical provider performing the review of family history and physical evaluation or after experiencing warning signs of sudden cardiac arrest while exercising. The cost of the pre-participation physical and any follow up examinations or recommended testing including an electrocardiogram is the responsibility of the athlete and their parents/guardians. **Not all cases or causes of SCA in young athletes are detected in the history, examination, or with testing.** 

What is an electrocardiogram, its risks, and benefits? An electrocardiogram (ECG) is one of the simplest and fastest tests used to evaluate the heart. Electrodes (small, plastic patches that stick to the skin) are placed at specific spots on the chest, arms, and legs. The electrodes are connected to an ECG machine by wires. The electrical activity of the heart is then measured, interpreted, and printed out. No electricity is sent into the body. Risks associated with having an ECG are minimal and rare. The benefits include that it





is an easy procedure to do, can be performed in many health care offices and it may detect heart conditions in children with no symptoms. **ECGs are good at detecting certain heart conditions that may increase risk for SCA but may not detect all such conditions.** If not performed correctly the information is not valid and may lead to more (unnecessary) testing and further examinations. ECGs should be interpreted by experts in reading ECGs in children (i.e., pediatric cardiologists). For more information, <u>view the Johns Hopkins Medicine - Electrocardiogram website</u>.

How may a student athlete and parent/guardian request the administration of an electrocardiogram and a comprehensive physical examination? Athletes participating in WIAA sports are required to have a physical examination and review of family history every other year. Other youth sports have similar requirements. Although the cost of these medical examinations is the responsibility of the athlete's family many school districts can assist students to find low cost or no cost ways to obtain these examinations. Athletes should contact their school athletic director if they need assistance in getting an examination. If an athlete has risk factors, family history of heart disease, or has had warning signs associated with sudden cardiac arrest while exercising, they should tell the medical provider performing the history and physical examination and discuss the possible need for an electrocardiogram.





## **ATHLETE AGREEMENT**

As a parent/guardian and as an athlete it is important to recognize the signs, symptoms, and behaviors of concussions and sudden cardiac arrest. By signing this form, you are stating that you have read the Department of Public Instruction's (DPI) and the Wisconsin Interscholastic Athletic Association (WIAA) Concussion and Head Injury information sheet and Sudden Cardiac Arrest Information sheet.

### Athlete Agreement:

I, \_\_\_\_\_\_have read the Concussion and Head Injury Information sheet. I have had the opportunity to read more information on concussions on the Centers for Disease Control and Prevention's (CDC) websites. I understand what a concussion is and how it may be caused. I also understand the common signs, symptoms, and behaviors. I understand the importance of reporting a suspected concussion to my coaches and my parents/guardian.

I understand that I must be removed from practice/play if a concussion is suspected. I understand that I must be evaluated by an appropriate health care provider and provide to my coach written clearance to participate in the activity from the health care provider before I may return to practice/play.

I understand that after a head injury my brain needs time to heal and that it may not heal properly if I return to practice/play too soon.

I have read the Sudden Cardiac Arrest Information sheet. I understand that I should stop activity/exercise immediately if I have any warning signs of sudden cardiac arrest and report the symptoms to my coaches and my parents/guardians.

Athlete Signature

Date \_\_\_\_\_





## **PARENT AGREEMENT**

As a parent/guardian and as an athlete it is important to recognize the signs, symptoms, and behaviors of concussions and sudden cardiac arrest. By signing this form, you are stating that you have read the Department of Public Instruction's (DPI) and the Wisconsin Interscholastic Athletic Association (WIAA) Concussion and Head Injury information sheet and Sudden Cardiac Arrest Information sheet.

## **Parent Agreement:**

I, \_\_\_\_\_\_\_have read the DPI's Concussion and Head Injury Information sheet. I have had the opportunity to read more information about concussions on the Centers for Disease Control and Prevention's (CDC) websites. I understand what a concussion is and how it may be caused. I also understand the common signs, symptoms, and behaviors. I agree that my child must be removed from practice/play if a concussion is suspected.

I understand that it is my responsibility to seek medical treatment if a suspected concussion is reported to me. I understand that my child cannot return to practice/play until they are evaluated by an appropriate health care provide and provide written clearance from the health care provider to their coach.

I understand concussions can have a serious effect on a young, developing brain and need to be addressed correctly.

I have read the Sudden Cardiac Arrest information sheet. I understand that my child should stop activity/exercise immediately if they have any warning signs of sudden cardiac arrest. I understand it is recommended if my child has any warning signs of sudden cardiac arrest while exercising, they have a medical examination before exercising or returning to participation in their sport. I understand that I or my child should report a family history of heart problems or warning signs of sudden cardiac arrest to the healthcare provider doing the medical examination.

I understand how to request at my cost the administration of an electrocardiogram, in addition to a comprehensive physical examination required to participate in a youth athletic activity. I understand the athletic director may be able to assist me.

Parent/Guardian Signature

Date\_\_\_\_\_





WISCONSIN INTERSCHOLASTIC ATHLETIC ASSOCIATION



## 2023-2024 High School Athletic Eligibility Information Bulletin

#### To: Student-Athletes and Their Parents

From: Wisconsin Interscholastic Athletic Association and

(School)

Your high school is a member of the Wisconsin Interscholastic Athletic Association. The following rules and regulations are developed by the member schools of the WIAA and govern the participation by boys and girls in school athletics and in some instances, impact upon sports activities outside the school.

This information bulletin is a **summary** of the WIAA OFFICIAL HANDBOOK as it pertains to those rules and regulations. Both student-athletes and their parents should have an understanding of these requirements. Equally important is that student-athletes and/or parents talk to their principal or athletic director if they have any question about these regulations. For additional information on Rules of Eligibility see the WIAA Handbook, or visit the WIAA website at www.wiaawi.org.

This bulletin does not discuss specific penalties for all violations. The reason is that penalties vary depending upon the nature of the violation. In addition, schools often have established penalties or periods of ineligibility, which are greater than the minimum prescribed by WIAA rules.

There also are exceptions and other permissive provisions in some rules. Student-athletes and their parents should discuss all athletic eligibility related situations with the school principal or athletic director who, if necessary, will get a decision, interpretation, or opinion from the WIAA office.

Student-athletes, as well as parents are asked to read this bulletin, and then sign it and have their signature statement (attached) on file at their school prior to practicing and competing. Reading and signing this form is a condition of participating in interscholastic athletics at WIAA member schools. It does not guarantee a student-athlete's athletic eligibility nor does it give rise to any contractual rights, direct or indirect, to student-athletes or their parents.

These are WIAA eligibility rules, which are current for the 2023-2024 school year:

#### AGE

A student shall be ineligible for interscholastic competition if they reach their 19th birthday before August 1 of any given school year.

#### ACADEMICS

A student-athlete must meet school and DPI requirements defining a full-time student and have received no more than one failing grade (including incompletes) in the most recent school issued grade reporting period. Note: Some member schools adopt code and academic policies and other participation requirements which are more stringent than WIAA minimum requirements. In those instances, the school's requirements prevail and must be applied as written.

#### ATTENDANCE

A student-athlete is eligible for interscholastic competition at a member school if they are carried on the attendance rolls as a duly enrolled fulltime Grade 9, 10, 11 or 12 student in that member school. (Subject to satisfying all other eligibility requirements.)

Note: A full-time student is further defined as one where the member school is responsible for programming 100% of the student's school day. The student is eligible for like or similar awards, privileges and services as all the other students and meets all obligations and responsibilities as other students, without exception.

- A. A student must complete eligibility in the four consecutive years starting with Grade 9, unless there are documented extenuating circumstances and a waiver has been provided.
- B. A student is ineligible if they have graduated from a school offering studies through Grade 12 or its equivalent.
- C. A student who graduated in May or June retains eligibility for any portion of a spring athletic schedule not completed by the end of the academic year. Mid-year graduation ends athletic eligibility on the last day of attendance.
- D. A student is ineligible if they have not been enrolled in some school by the 17th day of a semester or trimester, except upon request of a school in special cases involving sickness, accident, military service, social services assignment, e.g.
- E. A student-athlete may not participate in school sports in more than four different years, and a student-athlete may not participate in the same sport more than one season each school year.

#### DETERMINING RESIDENCE FOR PUBLIC SCHOOL STUDENTS

A full-time student, whether an adult or not, is eligible for varsity interscholastic competition only at the school within whose attendance boundaries their parents reside, within a given school district, with these additional provisions:

- A. Board of Education approved full-time student(s), paying their own tuition and residing full time with parents in their primary residence shall be afforded eligibility. Transfer students are subject to provisions outlined in the transfers section of this document and in the Senior High Handbook.
- B. The residence of a student's guardians shall determine eligibility in cases where both parents of a student are deceased. The execution of guardianship papers in situations where one or both parents are living does not by itself make a student eligible.
- C. In the event of a divorce or legal separation, whether pending or final, a student's residence at the beginning of the school year shall determine eligibility, except in situations involving transfer after the fourth consecutive semester following entry into grade 9. For the purpose of this rule, attendance at one day of school and/or attendance at one athletic practice shall determine 'beginning of school year.' Under this rule, a student who transfers after the beginning of the school year shall be ineligible at the new school unless approval is granted by the Board of Control in accordance with the transfer and/or waiver provisions as described in the WIAA HS Handbook.

- D. A student whose tuition is paid by the school within whose attendance boundaries parents reside or by the state and is enrolled in a district approved program may be eligible at either school (first priority to school of residence) but (a) may not participate at both schools in the same year and (b) academic ineligibility accompanies student upon transfer. Transfer restrictions may also apply.
- E. A student whose tuition is paid by the school within whose attendance boundaries parents reside or by the state or who is participating full time in a legislated open enrollment option must meet all statutory timeline requirements. This provision extends the opportunity to decline attendance at the new school and continue at their school of residence. If the student begins the school year at the new school and then transfers back to school of residence after attending one or more days of school or one or more athletic practices, they shall be subject to transfer provisions as outlined in the transfer Section of this document.
- F. A student may continue being eligible in the same school even though parent(s) and/or student move from within that school's attendance boundaries, provided enrollment is continuous (unbroken in that school).
- G. After a student-athlete has not participated and/or has had their eligibility restricted for one calendar year due to reasons relating to residence and/or transfer, they become eligible.
- H. A student-athlete will not be eligible if their attendance at a particular school resulted from undue influence (special consideration because of athletic ability) on the part of any person.
- I. A student-athlete who has been declared ineligible at a school for disciplinary reasons, academic reasons or due to another State Association's provision retains that ineligibility status if they transfer to another school.
- J. Except in situations involving transfer after a student's sixth consecutive semester, a full-time student whose residence in a given district and attendance at a member school does not conform with any of the provisions outlined above shall be eligible for nonvarsity competition only, for one calendar year, unless a waiver is provided as outlined in the WIAA HS Handbook under Waivers. Transfer students are subject to transfer provisions as outlined in the transfer section of this document and in the Senior High Handbook.

#### DETERMINING RESIDENCE FOR NONPUBLIC SCHOOL STUDENTS

A full-time student, whether an adult or not, is eligible for varsity interscholastic competition only if the student is residing full time with parents in their primary residence with these additional provisions:

- A. In the event of a divorce or legal separation, whether pending or final, a student's residence at the beginning of the school year shall determine eligibility except in situations involving transfer after a student's fourth consecutive semester. For the purpose of this rule, attendance at one day of school and/or attendance at one athletic practice shall determine 'beginning of school year'. Under this rule, a student who transfers after the beginning of the school year shall be ineligible at the new school unless approval is granted by the Board of Control in accordance with the waiver provisions as described in the WIAA HS Handbook under Waivers. Transfer restrictions may also apply.
- B. Residing full time with guardians shall determine eligibility in cases where both parents of a student are deceased. The execution of guardianship papers in situations where one or both parents are living does not by itself make a student eligible.
- C. A student may continue being eligible in the same school even though parent(s) and/or student move from within that school's traditional attendance area, provided enrollment is continuous (unbroken in that school).
- D. A student who has been in attendance in a nonpublic, self-contained school (i.e. grades K-12 or 7-12) for at least one complete school year prior to reaching Grade 9 and has not broken enrollment during that time is eligible in that nonpublic school upon entering Grade 9.
- E. Except in situations involving mid-year transfer and/or transfer after the fourth consecutive semester students attending member residential schools shall be eligible at the member school provided they reside at the school or reside full time with parents in their primary residence.
- F. Except in situations involving transfer after a student's sixth consecutive semester, a full-time student attending a nonpublic school but not residing in accordance with any of the provisions outlined above shall be eligible for nonvarsity competition only, for one calendar year, unless a waiver is provided as outlined in the WIAA HS Handbook under Waivers.

#### TRANSFERS

A full-time student may be afforded up to eight consecutive semesters of interscholastic eligibility upon entry into Grade 9. **Transferring schools at any time may result in restrictions being imposed on eligibility, or in some cases a denial of eligibility.** For the purpose of this rule, attendance at one day of school and/or attendance at one athletic practice shall determine 'beginning of school year.' These additional provisions relate to transfer cases:

- A. A student who transfers from any school into a member school will be subject to the transfer rules for one calendar year, unless the transfer is made necessary by a total and complete change in residence by parent(s). [The calendar year (365 days) will be determined from a student's first day of attendance at the new school.]
- B. Students entering 9th and/or 10th grade at the beginning of the school year and who are within the first four consecutive semesters of high school will be afforded unrestricted eligibility provided all other rules governing student eligibility are met.
- C. Students entering 11th and 12th grade are restricted to nonvarsity opportunities for one calendar year. [The calendar year (365 days) will be determined from a student's first day of attendance at the new school.]
- D. 9th grade students who transfer after the beginning of the school year and with written consent from both schools directly involved shall be restricted to nonvarsity opportunities for the remainder of the school year. Restrictions are removed upon entering 10th grade.
- E. 10<sup>th</sup>, 11<sup>th</sup> or 12<sup>th</sup> grade students who transfer after the beginning of the school year and with written consent from both schools directly involved shall be restricted to nonvarsity opportunities for one calendar year (365 days beginning with first day of attendance at the new school).
- F. In the event of divorce or legal separation, whether pending or final, residence at the beginning of the school year shall determine eligibility for students entering 9th and/or 10th grade.
- G. District policies with respect to intra-district transfer do not supersede WIAA transfer rules.
- H. Unless transfer, including an accompanying total and complete change of parents' residence, is effective at the outset of a semester, a student cannot establish eligibility at their new school until the fifth calendar day of such transfer.

- I. A student who transfers more than once in any given school year shall be ineligible for all interscholastic competition for the remainder of that current school year and will be eligible for nonvarsity opportunities only for the balance of the calendar year. [The calendar year (365 days) will be determined from a student's first day of attendance at the new school.]
- J. A student may not have eligibility in more than one member school at the same time. A parent or parents who move from a primary residence within one school's attendance boundaries, to a secondary residence within another school's attendance boundaries, may be required by the Board of Control to provide evidence of a total and complete move.
- K. A student who transfers from any school, whether or not a member school, with a status of ineligibility for disciplinary reasons, academic reasons and/or as a result of another State Association's regulation or sanction, retains such status at their new school for the same period as decreed by the former school. A student who transfers due to expulsion or removal for disciplinary reason from the previous school is ineligible for the length of the expulsion as determined by the previous school's Board of Education. Note: A student who does not serve a penalty for violation by leaving the state and competing in another state, will be ineligible for the balance of the suspension upon return to the state.
- L. No eligibility will be granted for a student whose residence within a school's attendance boundaries, with or without parents, or whose attendance at a school has been the result of undue influence (special consideration due to athletic ability or potential) on the part of any person, whether or not connected with the school.

#### PHYSICAL EXAMINATION and PARENT'S PERMISSION

A student-athlete whether an adult or not, must have written permission of parents to participate in school athletics, an emergency information form, and they must have a physical examination (signed by a licensed physician, physician's assistant or advanced practice nurse prescriber) every other school year.

A physical examination taken April 1 and thereafter is valid for the following two school years. Physical examination taken before April 1 is valid only for remainder of that school year and the following school year.

#### **TRAINING and CONDUCT**

A student-athlete must follow their school's code of conduct (training rules) on a year-round basis.

- A. A student-athlete who violates their school's code of conduct during the season of a sport (start of practice to final game) must be suspended from competition for a period of time specified in the code (minimum of one meet) if the violation involves (a) possession and/or use of alcohol, (b) possession and/or use of tobacco, including chewing tobacco and (c) use, possession, buying or selling of controlled substances, street drugs and performance enhancing substances (PES).
- B. The member school will determine minimum penalties for violation of any other provisions of its code of conduct, including out of season offenses and for any other unacceptable conduct contrary to the ideals, principals and standards of the school and this Association including but not limited to criminal behavior.
- C. Any student charged and/or convicted of a felony shall, upon the filing of felony charges, become ineligible for all further participation until the student has paid their debt to society and the courts consider the sentence served (including probation, community service, etc.).
- D. A student-athlete who violates their school's code of conduct at times other than during the actual season of a sport must be disciplined by the school, the nature of such discipline to be determined by the school as indicated in its code of conduct.
- E. A student-athlete who violates any part of the school or WIAA's code of conduct resulting in suspension for any portion of WIAA-sponsored tournament competition must be immediately declared ineligible for the remainder of tournament series in that sport. During the WIAA Tournament, an ineligible athlete may not suit up.
- F. A student-athlete, disqualified from a contest for flagrant or unsportsmanlike conduct, is also suspended from the next competitive event at the same level of competition as the disqualification.
- G. Any player who in the judgment of the official, intentionally spits on, strikes, slaps, kicks, pushes or aggressively physically contacts an official at any time shall be immediately ineligible for competition a minimum of 90 calendar days from the date of the confrontation. In addition, the player is ineligible to compete for the first 25% of the next season in that same sport.
- H. A school must provide an opportunity for the student to be heard prior to a penalty being enforced (except for felony charges). If a student appeals a suspension, according to the school's appeal procedure, the student is ineligible during the appeal process.
- I. Schools/individuals are prohibited during the regular season and the WIAA tournament series from practicing for regional, sectional, and state tournament preparation at sites and facilities hosting WIAA tournaments.

#### **AMATEUR STATUS**

A student-athlete must be an amateur in all recognized sports of this association in order to compete in any WIAA sport.

- A. A student-athlete may not accept, receive or direct to another, reimbursement in any form of salary, cash (including gift cards) or share of game or season proceeds for athletic accomplishments, such as being on a winning team, being selected for the school varsity team, or being a place winner in an individual tournament, e.g.
- B. A student-athlete may receive: a medal, cup, trophy or plaque from the sponsoring organization regardless of cost; school mementos valued not more than \$200; an award valued not more than \$100 retail for participation in an athletic contest in a WIAA recognized sport; and may retain non-school competition apparel worn by the student as part of the team uniform.
- C. A student-athlete may not receive compensation or benefit, directly or indirectly, for the use of name, picture, and/or personal appearance, as an athlete because of ability, potential and/or performance as an athlete.
- D. A student-athlete may not receive free and/or reduced rates on equipment, apparel, camps/clinics/instruction and competitive opportunities that are not identical for any and all interested students.
- E. A student-athlete may not be identified (with or without permission) as an athlete, provide endorsement as an athlete or appear as an athlete in the promotion of a commercial/advertisement and/or profit-making event, item, plan, or service.
- F. A student-athlete may not participate in school athletics or in sports activities outside the school under a name other than their own name.

#### SPORTS ACTIVITIES OUTSIDE OF SCHOOL

Athletes may compete in not more than two non-school competitions with prior school approval during each regular sport season. The contest(s) will not count against the individual maximum for the athlete in that sport. Nonschool competition will not be allowed during the respective WIAA tournament series in a sport. Violation of this rule results in loss of eligibility for the remainder of the season (including the WIAA tournament series) and forfeiture of the two non-school opportunities.

- A. WIAA rules do not prevent athletes from <u>practicing</u> with nonschool teams or from receiving private skills instruction during the school season. However, they may not participate officially or unofficially (including "banditing") in more than two nonschool competitions or races, including scrimmages against other teams (with school approval).
  - (1) This restriction applies to normal nonschool games as well as "gimmicks," such as reduced numbers competition (3-on-3 basketball, 6 player soccer, e.g.), specific skill contests (punt, pass, and kick, shooting contests, free throws, 3 point, e.g.), fun runs, etc.
  - (2) During the season, athletes may participate in a skills contest with approval of the school. Specific skill contests (punt, pass, and kick, shooting contests e.g., free throws, 3 point, drive, chip and putt) isolate separate skills outside of the traditional competition setting. The skill contest may not include physical contact or extreme fatigue as the actual sport competition. Fun runs are <u>not</u> considered skills contests. There can be no school coach involvement. All other eligibility rules including amateur status apply.
  - (3) A student who was a member of a school team during the previous year may not delay reporting for the school team beyond the school's official opening day of practice in order to continue nonschool training and/or competition.
- B. <u>During the school year</u> before and/or after the school season of a sport and in the summertime, members of a school's team may voluntarily assemble with their teammates (without school and/or school coach involvement) at their own discretion.
- C. A student-athlete or their parents must pay 100% of the fee for specialized training or instruction such as camps, clinics, and similar programs.
- D. A student-athlete may not be instructed except during the school season of a sport and approved summer contact days by the person who will be their coach in that sport in the following school season. All sports except football are exempt from this rule, BUT only (a) during the summer months and (b) if the program involved is not limited to individuals who are likely to be candidates for the school team in that sport in the following season.
- E. A student-athlete must not participate in an all-star game or similar contest except for summertime activities (a) within the same league or program (e.g., softball game between divisions of same league) or (b) in which a team is selected to represent a league in post-season play (e.g., Babe Ruth league team). Some post-season all-star opportunities may be permitted for 12th graders who have completed high school eligibility in a particular sport. Check with your Athletic Director to be certain.
- F. Schools/individuals are prohibited during the regular season and the WIAA tournament series from practicing for regional, sectional, and state tournament preparation at sites and facilities hosting WIAA tournaments.

#### USE OF STUDENT IMAGE

The participation of student-athletes in school and WIAA tournaments may result in the use of student-athlete images in promotion of school and WIAA events.

In order to facilitate good communication, all questions regarding athletic participation at your school should be addressed to your athletic administrator.

5/2023

**Detach and Return to Athletic Director** 

## PARENT-ATHLETE RULES OF ELIGIBILITY SIGN-OFF FORM – 2023-2024

I certify that I have read, understand, and agree to abide by all of the information contained in this bulletin. I further certify that if I have not understood any information contained in this document, I have sought and received an explanation of the information prior to signing this statement. In signing below, I further acknowledge and understand that no contractual relationship, direct or indirect, is created between the student-athlete or their parents and the Wisconsin Interscholastic Athletic Association.

School Name

Parent/Guardian's Signature

Please Print Name

Date

Student-Athlete's Signature

Please Print Name

Date

This form must be completed and submitted to the Athletic Director prior to a student being declared eligible to practice and compete.