

Student Assistance Team

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High School Counselor

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The SAT is a school team, which includes the parent and students, when appropriate, in a positive, problem solving, intervention process. It assists students by ensuring that the school and community are doing everything possible to make students' school lives successful. Students are most successful where there is a strong spirit of cooperation between home, school, and community. Based on this shared responsibility, the SAT meets to explore possibilities and strategies that will best meet the educational needs of the student, and support teachers and parents. The SAT includes the most important people in the student's life— parents or caregivers, teachers, counselors, specialists, school administrators or designees, and any other school or community members who can provide support.

What happens at the SAT Meeting?

- The student (when appropriate) and parent meet with a group of teachers, support staff, and/or administrators. The meeting takes approximately 20 to 30 minutes, depending on the individual case.
- A facilitator leads the group through a process, which results in a written plan of action.
- The team discusses the student's strengths, concerns, gathers pertinent history and information and discusses present interventions and outcomes. The team then brainstorms interventions and chooses actions to complete a plan of action for student success.
- As the parent, you will also be asked to contribute information regarding your child's learning needs and behaviors and help with the development of an intervention plan.
- The student's intervention plan is implemented and is reviewed after several weeks to check student progress.