

May 2018 STANLEY-BOYD ORIOLES

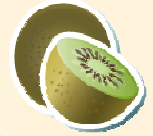
BREAKFAST



School Information: All meals are served with a choice of white skim, white 1%, and fat free chocolate milk. Students have the choice of the main entrée, or cold cereal. Students must take ½ cup of fruit with the meal. MENU MAY BE SUBJECT TO CHANGE.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



Monday



Tuesday

Wednesday

Thursday

Friday

SAUSAGE, EGG AND CHEESE FRITTATA
WARM ENGLISH MUFFIN
CHILLED ORANGE JUICE
APPLESAUCE/ MILK

BLUEBERRY MINI WAFFLES WITH SYRUP
SLICED PEACHES
CHILLED GRAPE JUICE
CHOICE OF MILK

SAUSAGE AND EGG BREAKFAST "BOAT"
SLICED PEARS
PINEAPPLE TIDBITS
CHOICE OF MILK

**NO SCHOOL!!
PROFESSIONAL
DEVELOPMENT DAY**

HOT OATMEAL YOGURT CUP
FLAVORED CRAISINS
CHILLED GRAPE JUICE
CHOICE OF MILK

SLICED BANANA BREAD
MANDARIN ORANGES
PINEAPPLE TIDBITS
CHOICE OF MILK

SAUSAGE AND EGG BREAKFAST "SLIDERS"
AWESOME APPLESauce
SLICED PEARS
CHOICE OF MILK

FRENCH TOAST STICKS
SYRUP CUP
CHILLED APPLE JUICE
TROPICAL FRUIT MIX
CHOICE OF MILK

HAM & EGG COMBO
FRUITY NUTRIGRAIN BAR
SLICED PEACHES
FRUIT COCKTAIL MIX
CHOICE OF MILK

WARM MINI CINNI'S
AWESOME APPLESauce
SLICED PEACHES
CHOICE OF MILK

WARM CHERRY FRUDEL
FRUIT SMOOTHIE 9-12
STRAWBERRY CRAISINS
FRUIT COCKTAIL
CHOICE OF MILK

GLAZED DONUT RING
CHILLED FRUIT PUNCH
WHOLE BANANA
CHOICE OF MILK

CHOCOLATE FILLED CRESCENT ROLL
MANDARIN ORANGES
FRUIT COCKTAIL MIX
CHOICE OF MILK

CHOCOLATE OR POWDERED MINI DONUTS
CHILLED GRAPE JUICE
SLICED PEARS
CHOICE OF MILK

SAUSAGE AND CHEESE BREAKFAST PITA
CHILLED FRUIT PUNCH
PINEAPPLE TIDBITS
CHOICE OF MILK

PANCAKE ON A STICK
SYRUP CUP
SLICED PEARS
SLICED PEACHES
CHOICE OF MILK

EGG AND CHEESE BREAKFAST SANDWICH
FRUIT COCKTAIL MIX
FRESH ORANGE SMILES
CHOICE OF MILK

CHOICE OF BAGEL WITH CREAM CHEESE CUP
CHILLED ORANGE JUICE
SLICED PEACHES
CHOICE OF MILK

MUFFIN CLEAN OUT
STRING CHEESE OR YOGURT
MANDARIN ORANGES
AWESOME APPLESauce
CHOICE OF MILK

STRAWBERRY MINI PANCAKES WITH SYRUP
SLICED PEARS
FRESH APPLE WEDGES
CHOICE OF MILK

BACON SCRAMBLE
BREAKFAST PIZZA
CHILLED APPLE JUICE
TROPICAL FRUIT MIX
CHOICE OF MILK

HAM & CHEESE HOT POCKET
MANDARIN ORANGES
PINEAPPLE TIDBITS
CHOICE OF MILK

SAUSAGE "TAC-GO"
AWESOME APPLESauce
FLAVORED CRAISINS
CHOICE OF MILK

