

April 2018 STANLEY-BOYD ORIOLES

LUNCH



School Information: A full fresh fruit and vegetable bar is offered to students grades 4-12 daily. Students are offered a choice of white skim, white 1%, and fat free chocolate milk with each meal. Students must take ½ cup fruit or vegetable or a combination of both.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. MENU MAY BE SUBJECT TO CHANGE.



Monday

Tuesday

Wednesday

Thursday

Friday

CREAMY TURKEY GRAVY **2**
MASHED POTATOES
CALIFORNIA BLEND VEGGIES
WARM DINNER ROLL
SLICED PEACHES

B.B.Q. PULLED PORK **3**
W.G.HAMBURGER BUN
CREAMY COLE SLAW
BAKED BEANS
MANDARIN ORANGES

TATER TOT HOT DISH **4**
ROMAINE LETTUCE
WHOLE KERNEL CORN
WARM DINNER ROLL
FRUIT COCKTAIL MIX

CRISPY CHICKEN TENDER **5**
PRETZL WITH CHEESE
STEAMED CAULIFLOWER
SLICED CUCUMBERS & DIP
AWESOME APPLESAUCE

MOZZARELLA STICKS **6**
MARINARA SAUCE
ROMAINE LETTUCE
GLAZED CARROTS
SLICED PEARS

BREADED PORK CHOP **9**
AU-GRATIN POTATOES
PEAS AND CARROTS
FRUIT COCKTAIL
BREAD K-12

SUPREME NACHO'S **10**
TORTILLA ROUNDS
REFRIED BEANS
STEAMED BROCCOLI
APPLESAUCE CUP

CHICKEN PATTY **11**
W.G.HAMBURGER BUN
BAKED POTATO SMILES
STEAMED PEAS
MANDARIN ORANGES

ITALIAN SPAGHETTI AND **12**
ZESTY MEAT SAUCE
ROMAINE LETTUCE
5-WAY MIXED VEGETABLES
BREADSTICK AND PEACHES

CHEESEBURGER **13**
W.G.HAMBURGER BUN
SWEET POTATO PUFFS
STEAMED GREEN BEANS
PINEAPPLE TIDBITS

DELI HAM AND CHEESE **16**
W.G. HAMBURGER BUN
OVEN ROASTED TATER TOTS
BAKED BEANS
MANDARIN ORANGES

PEPPERONI PIZZA **17**
ROMAINE LETTUCE
WHOLE KERNEL CORN
PINEAPPLE TIDBITS

MEATBALLS & GRAVY **18**
MASHED POTATOES
CALIFORNIA BLEND VEGGIES
SLICED PEACHES
WARM DINNER ROLL

CREAMY CHICKEN **19**
ALFREDO & ROTINI NOODLES
ROMAINE LETTUCE
BUTTER FLAVORED CARROTS
SLICED PEARS & BREAD K-12

BREADED FISH WITH **20**
W.G. HAMBURGER BUN
CREAMY COLE SLAW
COUNTRY BLEND VEGGIES
AWESOME APPLESAUCE

NO SCHOOL!! **23**
PROFESSIONAL
DEVELOPMENT
DAY!!

HOT DOG OR BRAT **24**
WITH BUN & SAUERKRAUT
SWEET POTATO FRIES
STEAMED GREEN BEANS
MANDARIN ORANGES

BEEF & BEAN BURRITO **25**
CREAMY CHEESE SAUCE
FIESTA TACO BEANS
STEAMED PEAS
AWESOME APPLESAUCE

TENDER HOT BEEF ON A **26**
W.G. HAMBURGER BUN
SEASONED POTATO WEDGES
STEAMED BROCCOLI
FRUIT COCKTAIL MIX

TERIYAKI CHICKEN OVER **27**
OVEN BAKED RICE
5- WAY MIXED VEGETABLES
FRESH BABY CARROTS & DIP
PINEAPPLE AND BREAD K-12

SUB SANDWICH ON A **30**
HOAGIE BUN WITH SLICED
ONIONS AND TOMATOES
CREAMY COLE SLAW
PEAS & CARROTS/ PEARS

