

April 2018 STANLEY-BOYD ORIOLES

BREAKFAST



School Information All meals are served with a choice of white skim, white 1%, and fat free chocolate milk. Students have the choice of the main entrée, or cold cereal. Students must take ½ cup of fruit with the meal.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. MENU MAY BE SUBJECT TO CHANGE.



Monday

WARM BERRY BREAD **2**
STRAWBERRY CRAISINS
FRUIT COCKTAIL
CHOICE OF MILK

EGG AND CHEESE **9**
BREAKFAST SANDWICH
CHILLED ORANGE JUICE
SLICED PEARS
CHOICE OF MILK

EGG AND CHEESE **16**
BREAKFAST "SLIDERS"
SLICED PEACHES
PINEAPPLE TIDBITS
CHOICE OF MILK

**NO SCHOOL!!
PROFESSIONAL
DEVELOPMENT
DAY!!** **23**

EGG AND CHEESE **30**
BREAKFAST WRAP
FRUIT COCKTAIL MIX
MANDARIN ORANGES
CHOICE OF MILK

Tuesday

SAUSAGE, EGG AND **3**
CHEESE FRITTATA
DUNKEN DONUT STICK
CHILLED GRAPE JUICE
PEACHES AND MILK

MINI WAFFLES WITH **10**
SYRUP CUP
FRUIT COCKTAIL MIX
PINEAPPLE TIDBITS
CHOICE OF MILK

SAUSAGE AND CHEESE **17**
BREAKFAST BOAT
AWESOME APPLESAUCE
FRESH ORANGE SMILES
CHOICE OF MILK

WARM BISCUIT WITH **24**
SAUSAGE GRAVY
CHILLED APPLE JUICE
SLICED PEARS
CHOICE OF MILK

Wednesday

WARM CINNAMON BUN **4**
FRESH ORANGE SMILES
SLICED PEARS
CHOICE OF MILK

WARM APPLE FRUDEL **11**
FRUIT SMOOTHIE 6-12
SLICED PEACHES
ORANGE CRAISINS
CHOICE OF MILK

CHOCOLATE FILLED **18**
BREAKFAST CROISSANT
CHILLED GRAPE JUICE
TROPICAL FRUIT MIX
CHOICE OF MILK

MINI DONUTS **25**
FRUIT SMOOTHIE 6-12
PINEAPPLE TIDBITS
MANDARIN ORANGES
CHOICE OF MILK

Thursday

BACON SCRAMBLE **5**
BREAKFAST PIZZA
CHILLED FRUIT PUNCH
PINEAPPLE TIDBITS
CHOICE OF MILK

EGG & CHEESE TAC-GO **12**
MANDARIN ORANGES
FRESH APPLES
CHOICE OF MILK

CHOICE OF BAGEL WITH **19**
CREAM CHEESE CUP
CHERRY CRAISINS
FRUIT COCKTAIL MIX
CHOICE OF MILK

CHEESY OMELET **26**
MINI BREAD MUFFIN
CHILLED ORANGE JUICE
TROPICAL FRUIT MIX
CHOICE OF MILK

Friday

PANCAKE ON A STICK **6**
SYRUP CUP
AWESOME APPLESAUCE
MANDARIN ORANGES
CHOICE OF MILK

SAUSAGE AND CHEESE **13**
BREAKFAST PITA
CHILLED APPLE JUICE
TROPICAL FRUIT MIX
CHOICE OF MILK

FRENCH TOAST STICKS **20**
WITH SYRUP CUP
CHILLED FRUIT PUNCH
SLICED PEARS
CHOICE OF MILK

HAM AND EGG COMBO **27**
NUTRIGRAIN BAR
AWESOME APPLESAUCE
SLICED PEACHES
CHOICE OF MILK

