

March 2018

STANLEY-BOYD ORIOLES

BREAKFAST



School Information: All meals are served with a choice of white skim, white 1%, and fat free chocolate milk. Students have the choice of the main entrée, or cold cereal. Students must take ½ cup of fruit with the meal. MENU MAY BE SUBJECT TO CHANGE.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. ON WEDNESDAY, 6-12 EAT AT 8:00 IN THE HIGH SCHOOL.



Monday



Tuesday



Wednesday

Thursday

Friday

5
BACON SCRAMBLE
BREAKFAST PIZZA
CHILLED ORANGE JUICE
SLICED PEARS
CHOICE OF MILK

6
PANCAKE ON A STICK
SYRUP CUP
AWESOME APPLESAUCE
TROPICAL FRUIT MIX
CHOICE OF MILK

7
WARM BANANA BREAD
SMOOTHIE 6-12
PINEAPPLE TIDBITS
FRESH APPLE WEDGES
CHOICE OF MILK

1
HOT OATMEAL WITH A
VARIETY OF TOPPINGS
TRIX YOGURT CUP
CHILLED FRUIT PUNCH
PEACHES & CHOICE OF MILK

2
EGG AND CHEESE
PITA SANDWICH
FRESH ORANGE SMILES
FLAVORED CRAISINS
CHOICE OF MILK

12
SAUSAGE AND CHEESE
BREAKFAST BAGEL
FRUIT COCKTAIL MIX
CHERRY CRAISINS
CHOICE OF MILK

13
EGG AND CHEESE
BREAKFAST SANDWICH
SLICED PEACHES
SLICED PEARS
CHOICE OF MILK

14
CINNAMON BUN
CHILLED FRUIT PUNCH
MANDARIN ORANGES
CHOICE OF MILK

8
WARM APPLE FRUDEL
FRUIT COCKTAIL MIX
MANDARIN ORANGES
CHOICE OF MILK

9
CHEESE OMELET
WARM MUFFIN
SLICED PEACHES
CHILLED APPLE JUICE
CHOICE OF MILK

15
EGG, CHEESE AND
SAUSAGE TAC-GO
AWESOME APPLESAUCE
PINEAPPLE TIDBITS
CHOICE OF MILK

16
STRAWBERRY MINI
PANCAKES WITH SYRUP
CHILLED GRAPE JUICE
TROPICAL FRUIT MIX
CHOICE OF MILK

19
EGG AND CHEESE
BREAKFAST WRAP
SLICED PEACHES
MANDARIN ORANGES
CHOICE OF MILK

20
BANANA MINI LOAF
STRING CHEESE STICK
FRUIT COCKTAIL MIX
CHILLED APPLE JUICE
CHOICE OF MILK

21
WARM GLAZED DONUT
SMOOTHIE 6-12
AWESOME APPLESAUCE
FLAVORED CRAISINS
CHOICE OF MILK

22
FRENCH TOAST STICKS
SYRUP CUP
FRESH ORANGE SMILES
SLICED PEARS
CHOICE OF MILK

23
EGG AND SAUSAGE
BREAKFAST BOAT
PINEAPPLE TIDBITS
CHILLED JUICE CLEAN OUT
CHOICE OF MILK

26
NO SCHOOL
SPRING BREAK!!

27
NO SCHOOL
SPRING BREAK!!

28
NO SCHOOL
SPRING BREAK!!

29
NO SCHOOL
SPRING BREAK!!

30
NO SCHOOL
HAPPY EASTER!!